



Welcomed New BDS Batch in Grand

WHITE COAT CEREMONY



University Medical and Dental College marked a significant milestone as it welcomed the fresh entrants of the new **BDS batch** during a prestigious White Coat Ceremony. The event served as a formal induction into the noble profession of dentistry, blending tradition with modern academic commitment.

During the orientation program, **Prof Dr Arsalan Wahid**, Vice Principal, UMDC provided an in-depth introduction to the institution's state-of-the-art academic facilities. He highlighted the college's recent achievements in dental research and clinical training. In a time-honored tradition, the first-year students were presented with their new white coats by their seniors. After donning the coats; a symbol of purity, professionalism, and clinical authority, the students stood to recite the Oath, which was solemnly administered by Prof Dr Arsalan Wahid.

Prof Dr Aman Ullah Malik, Rector, TUF, addressed the gathering, detailing the mission of the **Madinah Foundation**. He emphasized the university's commitment to "Service to Humanity" through its various welfare projects.

Prof Dr Shirza Nadeem, Vice Principal UMDC, in her inspiring

address briefed the students about **Madinah Teaching Hospital (MTH)**, the affiliated tertiary care charitable facility. She reminded the budding dentists:

"The white coat you wear today is not just a uniform; it is a mantle of responsibility. It signifies the trust the community places in you, and from this day forward, your journey is defined by empathy, ethics, and excellence."

The ceremony was further graced by the presence of **Prof Dr Akram Malik**, Principal, UMDC, and **Dr Zahida Maqbool**, Registrar, TUF, who joined the faculty in welcoming the new students to the medical community. To inspire the freshers, a series of alumni success stories and documentaries showcasing student achievements was presented, highlighting the global impact and excellence of UMDC graduates. The orientation concluded with a tour of the campus and clinical labs, where the new batch caught a glimpse of their future in modern healthcare.





IFTAR DINNER AT TUF

Fostering Unity and Reflection During Ramadan

An Iftar Dinner on the 21st of Ramadan was graciously hosted by the Chairman, Board of Governors, TUF. The gathering brought together the senior leadership—including the Prof Dr Aman Ullah Malik, Rector and Dr Zahida Maqbool, Registrar, along with faculty members, administrative staff, and distinguished guests in a spirit of unity and reflection during the holy month of Ramadan.



The arrangements included a collective Iftar followed by dinner, allowing participants to share a meaningful and memorable experience in a warm and welcoming atmosphere.



The Iftar Dinner concluded with a special dua, followed by prayers and heartfelt conversations among attendees, leaving participants with a renewed sense of unity and appreciation for the spirit of Ramadan.





International Dermatology Webinar

CONNECTED ACADEMICS FROM PAKISTAN AND MALAYSIA

Department of Dermal Sciences, TUF, in collaboration with the Office of International Linkages and Universiti Sains Islam Malaysia (USIM), successfully organized the International Inter-University Dermatology Mini Webinar. The event was conducted in a hybrid format, enabling participation from both onsite and online attendees. The webinar aimed to foster international



academic collaboration and provide updated clinical insights in dermatology, with particular emphasis on facial dermatoses and dermatological emergencies. Prof Dr Tanzeela Khalid, Head of the Department of Dermatology and Dean of Clinical Research at TUF, delivered a lecture titled "Approach to Facial Dermatoses: Red Flags Not to Miss," highlighting



systematic clinical evaluation and timely diagnosis of serious dermatological conditions.

Dr Ummu Aiman Faisal, Consultant Dermatologist and Clinical Lecturer at USIM, presented on "Facial Presentation in Dermatological Emergencies," emphasizing early diagnosis, differential evaluation, and prompt management to prevent adverse outcomes. The webinar was attended by academicians, clinicians, researchers, and students. An interactive session allowed participants to engage directly with the speakers and clarify clinical scenarios.

The event successfully strengthened academic collaboration between Pakistan and Malaysia and contributed significantly to continuing medical education in dermatology, reflecting a shared commitment to excellence in medical education and global partnerships.

PAKISTAN DAY FLAG HOISTING CEREMONY

Ceremony Inspired Patriotism and National Pride

On the occasion of Pakistan Day, a dignified flag hoisting ceremony was held to commemorate the enduring spirit of unity, faith, and discipline that has guided the nation since its inception. The ceremony was led by Prof Dr Aman Ullah Malik, Rector, along with Dr Zahida Maqbool, Registrar, and Prof Dr Zaheer Ahmad Zaheer, Director ORIC, joined by respected Deans, HODs, and faculty members, hoisting the flag and highlighting the importance of national solidarity and shared responsibility.

Special prayers were offered for the peace, stability, and prosperity of Pakistan, and for strength, resilience, and relief for the Muslim Ummah enduring trials and uncertainties across the world.

In his address, Prof Dr Aman Ullah Malik urged the university community to reflect on the sacrifices of the nation's founders, saying, "Pakistan Day reminds us that our strength lies not just in our history, but in our unity, determination, and commitment to a brighter future. Let us pledge to serve



our nation with honesty, integrity, and dedication in every sphere of our lives." Dr Zahida Maqbool also addressed the gathering, inspiring students and faculty alike with her words: "The essence of Pakistan Day is a reminder that progress comes through discipline, faith, and collective effort. Each one of us has a role to play in shaping the destiny of our beloved country, and it begins with knowledge, hard work, and compassion for humanity." The ceremony concluded with a sense of renewed purpose and patriotism, as members of the TUF community reaffirmed their commitment to the values of Pakistan, pledging to contribute positively to society and uphold the principles of unity and service.





Voices of Empowerment INTERNATIONAL WOMEN'S DAY CELEBRATED AT AMIN CAMPUS

The University of Faisalabad commemorated International Women's Day through a series of engaging and meaningful activities organized by different student societies, creating a vibrant platform to celebrate the strength, resilience, creativity, and voices of women. The Psychology Society hosted the Participation Hub, designed to promote awareness, reflection, and empowerment among students and faculty. The hub featured several interactive activities including a Stress Check Station, Gifting Games, 1-Minute Mindfulness Reset, Self-Talk & Affirmations, Strength Snapshot, and Future Note. These activities encouraged participants to reflect on their well-being, share positive messages, and celebrate personal strengths. The event was honored by the presence of Dr Alishba Ruby, Head of Department, Physiology and Dr Wania, whose participation added great value and encouragement. Special appreciation was extended to Ms Mariam Farooq, Focal Person of the society, for her guidance and support in organizing the initiative. Adding a creative dimension to the celebration, the Literary Society organized a Canvas Painting Competition under the theme "Colors of Womanhood." The competition provided students with an opportunity to artistically express the strength, beauty, resilience, and diverse experiences of women. Participants enthusiastically showcased their talents through vibrant and meaningful artwork reflecting the theme. The event concluded successfully, and winners

were awarded certificates in recognition of their creativity and efforts. The celebration also included an inspiring event organized by the Dramatics Society in collaboration with the Cultural Society and Character-Building Society. The program featured insightful talks by distinguished guest speakers Dr Nailah Riaz, Head Department of English Language & Literature and Dr Shaista Shafique, Head Department of Biotechnology who shared valuable perspectives on the achievements, struggles and empowerment of women in society. Furthermore, the Dramatics Society presented a powerful theatrical performance highlighting the challenges, resilience, and silent battles faced by women, delivering a strong and thought-provoking message to the audience. Overall, the International Women's Day celebrations at TUF successfully brought together awareness, creativity, and dialogue. Through interactive activities, artistic expression, inspiring discussions, and meaningful performances, the event honored the voices and contributions of women while encouraging reflection, empowerment, and positive change within the university community.

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Seminar on International

WOMEN'S DAY

Inspires Dialogue on Education, Empowerment, and Career Growth

On the occasion of International Women's Day, the Women Empowerment Society organized an inspiring seminar titled "Breaking Barriers: Women in Education & Career." The event aimed to celebrate women's achievements, highlight the importance of education and professional growth, and encourage young women to pursue their ambitions with confidence. The seminar featured a panel of distinguished guest speakers who shared their experiences and valuable insights. Ms Beenish Aruj, Deputy Commissioner (FBR), spoke about overcoming societal challenges and building a successful professional career through determination and resilience. Dr

Aamna Habib, Head of Madina College of Pharmacy, emphasized the importance of education and continuous learning for women to achieve leadership roles in their fields. Dr Marium Zafar, Head of the Department of Rehabilitation Sciences, discussed the growing opportunities for women in healthcare and academic sectors. Ms Fajar Noor, Lecturer in the English Department, highlighted the power of communication, self-confidence, and personal development in shaping successful careers.

The session was highly engaging, with students actively listening to the speakers' inspiring journeys and practical advice.

The speakers encouraged participants to break stereotypes, pursue higher education, and contribute positively to society. Their motivational stories left a lasting impact on the audience and reinforced the message that women have the potential to lead and excel in every field.

The event concluded with a note of appreciation for the guest speakers and organizers for creating a platform that promotes awareness, empowerment, and professional growth for women. The seminar successfully inspired students to believe in their abilities and strive for excellence in their educational and career paths.

The Future of Linguistics

TRENDS AND TECHNOLOGY



The Department of English Language and Literature organized an informative seminar titled "The Future of Linguistics: Trends and Technology". The session aimed to familiarize students with emerging trends in linguistics, the growing role of technology in language studies, and future academic and professional prospects in the field. The seminar featured **Dr Kazim Shah, Assistant Professor**, Department of Applied Linguistics, Government College University Faisalabad (GCUF), as the guest speaker. Dr Kazim Shah delivered an engaging and thought-provoking talk on the evolving landscape of linguistics in the digital age. He began by conceptualizing

language from multiple perspectives, explaining language as a system, behavior, and action. This foundational discussion helped students understand the dynamic and functional nature of language beyond traditional definitions.

Building on this theoretical grounding, Dr Kazim explored contemporary trends and technological developments in linguistics. He highlighted the impact of artificial intelligence, natural language processing, corpus linguistics, and other computational tools on modern linguistic research and real-life applications. The speaker emphasized the importance of interdisciplinary

competence and encouraged students to combine linguistic expertise with digital skills.

He further discussed practical domains where linguistics graduates can contribute, including machine translation, speech recognition, language teaching technologies, digital discourse analysis, and forensic linguistics. Special attention was given to the Pakistani context, stressing the need for research on local languages and multilingual communication in the digital era. The event ended on a positive and inspiring note, enriching participants' understanding of the future directions of linguistics in the age of technology.

NBS Entrepreneurship Society Hosts Innovation Corner to Foster

STARTUP THINKING AND CREATIVITY

The NBS Entrepreneurship Society organized an engaging Innovation Corner session, bringing together participants to explore ideas related to startups, innovation, and entrepreneurship. The session aimed to provide a dynamic platform for students to share their concepts and develop an entrepreneurial mindset.



During the event, participants actively presented their ideas and engaged in thoughtful discussions on various aspects of startups, including potential challenges, emerging opportunities, and the critical role of innovative thinking in today's competitive landscape. The session fostered an interactive and collaborative environment, encouraging students to think creatively, exchange perspectives, and refine their ideas through constructive dialogue.

Overall, the event proved to be highly productive and insightful, successfully promoting innovation-driven thinking among students. It also inspired participants to further explore entrepreneurial ventures and develop practical approaches to transforming their ideas into viable business opportunities.

Three-Day Workshop on Active Citizenship

GREEN ENTREPRENEURSHIP & VOLUNTEERISM



The Department of Law conducted a dynamic and impactful workshop in collaboration with the Prime Minister's Youth Programme, Bargad Organization, and VSO Pakistan. The initiative was designed to cultivate active citizenship, promote green entrepreneurship, and inspire a culture of volunteerism among students.

Held under the visionary guidance of Prof Dr Sami ur Rehman, Dean Faculty of Law, and effectively coordinated by Mr Hassan Javed, Coordinator, Department of Law and Dr Saqlain Haider, LL.M Coordinator, the workshop served as a transformative platform for student engagement and development.

Distinguished representatives from Bargad Organization also played a pivotal role in delivering expert-led sessions:

- Saiqa Rani – Director Program, Bargad
- Rabia Dar – Program Coordinator, Bargad
- Sahar Sohail – MEAL Officer, Bargad

Over the course of the workshop, participants

were actively engaged in interactive sessions and practical activities that provided:

- Exposure to innovative and sustainable business ideas
- Hands-on insights into green entrepreneurship practices
- Meaningful opportunities to contribute as volunteers for social impact

The workshop not only enhanced students' professional and entrepreneurial capacities but also instilled a strong sense of civic responsibility and environmental awareness. It stands as a testament to TUF's commitment to nurturing future leaders who are equipped to drive positive change in society.



STUDENTS SHOWCASE CREATIVE MODELS AND PROJECTS TO ENHANCE PRACTICAL LEGAL LEARNING



Students of the 4th semester, from the department of Law presented impressive and creative models and projects as part of their academic coursework, demonstrating a strong understanding of both constitutional and legal concepts. The presentations included models on key topics such as the White House, the Bill of Rights, and the Constitution of the United States, alongside well-prepared projects focusing on important principles of the Law of Tort, including negligence and defamation.

Participants explained their work with confidence and clarity, reflecting their dedication to learning and their ability to effectively connect theoretical knowledge with practical application. The session highlighted students' creativity, critical thinking, and presentation skills.

Faculty members present at the occasion appreciated the students' hard work, enthusiasm, and innovative approach to learning. They also acknowledged the efforts made in guiding students toward achieving academic excellence through interactive and engaging teaching methods.

Such activities play a vital role in promoting practical learning, encouraging critical analysis, and fostering active student participation, thereby making legal education more dynamic, engaging, and meaningful.

Students Showcase Innovation in **ANTIMICROBIAL RESISTANCE AWARENESS COMPETITION**



The Pharmasphere Club organized an insightful Antimicrobial Resistance (AMR) Awareness Project Competition, bringing together aspiring healthcare professionals to address one of the most pressing global public health challenges. The event was inaugurated by Dr Aamna Habib, Principal,

Madina College of Pharmacy, along with Dr Muhammad Nafees (RPh), Dr Sehrish Amin (RPh), and Dr Shahnila Mukhtar (RPh), faculty members. The distinguished guests highlighted the causes, consequences, and preventive strategies related to antimicrobial resistance, emphasizing the

collective responsibility of future pharmacists in combating AMR. The program concluded with an engaging project competition, providing participants an opportunity to apply their knowledge while reinforcing key concepts related to rational antibiotic use and public health advocacy.

PROMOTING STUDENT WELL-BEING

Stress Management Workshop by Rehabilitation Society

The Rehabilitation Society at The University of Faisalabad successfully organized a Stress Management Workshop titled “Managing Academic Stress: Practical Strategies for Students’ Well-Being and Resilience.” The workshop was held on March 6, 2026, and aimed to help students understand and effectively manage the challenges of academic pressure.

The session was conducted by Ms Hafsa Farrukh, a distinguished Clinical Psychologist, Wellbeing Counsellor, Lecturer in Arden University Programmes, and CEO of Psynergy Lounge. With extensive experience in counselling, psychotherapy, and mental health awareness programs, she has been actively involved in guiding students and professionals toward improved emotional well-being and resilience.

During the session, Ms Farrukh highlighted the increasing levels of stress experienced by students due to assignments, examinations, and academic expectations. She shared practical strategies for managing stress,

including mindfulness techniques, time-management strategies, emotional regulation, and maintaining a healthy academic balance. The workshop also encouraged students to openly discuss mental health challenges and learn constructive coping mechanisms.

The interactive nature of the session allowed students to actively engage with the speaker, ask questions, and gain valuable insights into improving focus, productivity, and overall well-being. The workshop provided participants with practical tools that can help them navigate academic challenges with confidence and resilience.

This initiative aligns with the United Nations Sustainable Development Goals (SDGs), particularly SDG 3: Good Health and Well-Being, by promoting mental health awareness and encouraging healthy coping strategies among students. It also supports SDG 4: Quality Education, as it equips learners with essential life skills that contribute to both academic success and personal development.



Rector TUF Hosted Special Iftar Dinner FOR INTERNATIONAL STUDENTS



Rector Prof Dr Aman Ullah Malik, hosted a special Iftar dinner in honor of international students studying at TUF. The event was attended by Dr Zahida Maqbool, Registrar, along with members of TUF International Office team, creating a warm and inclusive environment for the university's diverse

student community. The gathering provided an opportunity for international students to interact closely with the Rector and senior faculty members in a welcoming and spiritually uplifting setting. Students shared their academic experiences, cultural perspectives, and personal journeys, fostering

a sense of belonging and mutual understanding. Addressing the participants, the Rector emphasized the importance of inclusivity and cultural exchange within the academic environment, reaffirming TUF's commitment to supporting international students throughout their educational journey.



Seminar Highlights the Golden Character and Legacy of
HAZRAT IMAM HASSAN (A.S.)



The Department of Islamic Studies, in collaboration with Department of Pharmacy, organized an inspiring seminar titled “The Golden Character of Hazrat Imam Hassan (A.S.)”. The seminar was arranged to highlight the exemplary life, wisdom, patience, and leadership of Hazrat Imam Hassan (A.S.), emphasizing his significant role in promoting peace, justice, and unity among Muslims. Professor Dr Matloob Ahmad, Dean, Faculty of Arts and Social

Sciences, delivered the keynote address, in which he elaborated on the wisdom, justice, and strategic Dawah approach of Hazrat Imam Hassan (A.S.). He explained that the Imam’s peaceful reconciliation strategy and farsighted leadership preserved the unity of the Muslim Ummah during a critical period of Islamic history. He further stated that the golden character of Hazrat Imam Hassan (A.S.) offers timeless guidance for contemporary

society, especially in an era marked by intolerance and division, and serves as a practical model for promoting peace, tolerance, harmony, and mutual respect. A large number of faculty members, students, and scholars attended the seminar and appreciated the valuable insights shared during the session, which concluded with a collective dua for the well-being, progress, and unity of the Muslim Ummah.



ISLAMIC INSIGHTS: **GHAZWA-E-BADR** & **HAZRAT AYESHA (R.A)**



The Department of Islamic Studies, in collaboration with the Department of Optometry, organized an informative and spiritually enriching seminar to highlight the importance of the holy month of Ramadan and to promote awareness about significant events and great personalities in Islamic history.

The seminar commenced with an enlightening address by Dr. Kiran, who spoke about the virtues and blessings of the holy month of Ramadan. She highlighted the immense importance and rewards of Shab-e-Qadr (The Night of Power), explaining that it is a night greater than a thousand months and an opportunity for Muslims to seek

forgiveness, mercy, and countless blessings from Allah. Following this, Dr Ahmed Raza ul Habib, Associate Professor, TUF delivered a comprehensive lecture on Ghazwa-e-Badr, one of the most important battles in Islamic history. He discussed the background, circumstances, and key lessons of this historic event, emphasizing the role of faith, courage, unity, and reliance on Allah. His address highlighted how the victory at Badr strengthened the Muslim community and continues to inspire Muslims to remain steadfast in their beliefs and values.

The final session was conducted by Dr Anum Hameed, Associate Professor, TUF who delivered a thoughtful presentation

on “Understanding the Spiritual and Social Contributions of Hazrat Ayesha Siddiqa (R.A)”. She shed light on the remarkable personality of Hazrat Ayesha (R.A), her deep knowledge of Islamic teachings, and her significant role in the preservation and transmission of Hadith.

The seminar concluded on a positive note, with participants appreciating the insightful discussions and valuable knowledge shared by the speakers. Such initiatives play an important role in strengthening students’ understanding of Islamic teachings and encouraging reflection on the spiritual and historical dimensions of Islam, especially during the blessed month of Ramadan.



SESSION TITLED **DEMAND OF ISLAM LEADS TO BADR INSPIRES REFLECTION ON FAITH AND COMMITMENT**

Department of Islamic Studies and the Islamic Philosophic Society (IPS) successfully organized an insightful session titled “Demand of Islam — Leads to Badr” at Jinnah Campus, The University of Faisalabad. The event aimed to highlight the true demands of Islam, emphasizing that Islam is not merely a belief system but a call toward responsibility, sacrifice, and steadfastness. The theme was inspired by the spirit of the historic Battle of Badr, symbolizing faith, courage, and unwavering commitment to truth.

The session featured engaging presentations by Wishaq Akbar and Badar Islam, who shared thought-provoking perspectives and valuable insights with the audience. The event was graced by Chief Guest Prof Dr Matloob Ahmad, Dean Faculty of Arts and Social Sciences and was organized under the supervision of Ms Shakeela Rasheed, along with the dedicated efforts of the IPS Executive Team. It was a meaningful gathering that encouraged participants to reflect on their purpose, identity, and responsibilities as Muslims.





Interdepartmental Event Explored the Spiritual and **HISTORICAL SIGNIFICANCE OF GHAZWA-E-BADAR**

A spiritually enriching and intellectually engaging event highlighting the timeless lessons of Ghazwa-e-Badar was organized through the joint collaborations of the Department of Computer Sciences and the Department of Islamic Studies - TUF. Prof Dr Majid Hussain, Dean Faculty of Information Technology, in his opening address, emphasized the enduring message of truth, justice, and steadfastness derived from Ghazwa-e-Badar and its relevance in today's world. The documentary segment featured active participation from various departments,

with 10 documentaries shortlisted for final evaluation. The panel of judges comprised Dr Hifsa Munawar, Dr Talha Farooq, Ms Shakeela Rasheed, and Ms Ayesha Ramzan. The winners were announced as:
1st Position – Muhammad Hussain (DPH)
2nd Position – Hussnain Malik (CS)
3rd Position – Abdullah Majid (CS)
The event concluded with thought-provoking remarks by Prof Dr Matloob Ahmad, reinforcing that the message of Ghazwa-e-Badar continues to serve as a guiding light for faith, patience, and resilience in contemporary times.

FATAH MAKKAH

Quiz Competition: Exploring Islamic History

The Department of Rehabilitation Sciences, in collaboration with the Department of Islamic Studies, proudly organized a Quiz Competition on the Conquest of Makkah (Fatah Makkah). In this engaging academic activity, three teams of students from within the university participated enthusiastically, showcasing their knowledge, critical thinking, and understanding of this significant event in Islamic history. The 1st position was secured by the students of BS Islamic



Studies, 6th Semester, demonstrating excellent knowledge and teamwork. The competition provided a platform for students to learn, reflect, and appreciate the profound lessons of Fatah Makkah while promoting a spirit of healthy competition and collaboration. The competition was evaluated by Dr Humaira Khalil and Ms Safia Jafar, whose valuable evaluation and encouragement added great significance to the event.



FASTING IN RAMADAN Spiritual, Psychological, and Nutritional Benefits



The Department of Nutrition and Dietetics organized a panel discussion on “Fasting in Ramadan and Its Benefits” in collaboration with the Department of Arabic and **Islamic Studies - TUF and Department of Psychology - TUF**. The session aimed to highlight the spiritual, psychological, and nutritional dimensions of fasting during the holy month of Ramadan. The discussion was moderated by Dr Humera Khalil, Associate Professor in the Department of Islamic Studies, while Ms Haleema Qadir served as the host. Faculty members and students attended the session and actively participated in the discussion. The panel included Dr Anum Nazir, Assistant Professor, Department of Nutrition and Dietetics; Dr Amber Tehseen, Assistant Professor and Acting Head, Department of Nutrition and Dietetics; Dr Amara Rehman, Assistant Professor, Department of Islamic Studies; and Dr Saleem Abbas, Clinical Psychologist, Associate Professor and Head of the Department of Psychology. During the session, the panelists shared valuable insights on the health, psychological, and spiritual benefits of fasting. They highlighted how fasting promotes self-discipline, strengthens empathy for others, supports psychological well-being, and encourages healthier lifestyle practices.





QUIZ COMPETITION ON THE TOPIC OF FATAH-E-MAKKAH

Promoted Historical Awareness and Ethical Understanding

To promote awareness and a deeper understanding of a pivotal event in Islamic history, a Quiz Competition on the significance of Fatah-e-Makkah was organized at the university. The activity was arranged by the Department of Islamic Studies in collaboration with the Department of Rehabilitation Sciences, providing students with an opportunity to explore

the historical, spiritual, and ethical dimensions of this remarkable event. The competition comprised three engaging rounds: General Knowledge, Buzzer Round, and Rapid Fire, which encouraged enthusiastic participation and fostered healthy academic competition among students. At the conclusion of the event, participating teams were awarded 1st,

2nd, and 3rd positions in recognition of their knowledge, teamwork, and overall performance. The event was honored by the presence of the Guest of Honour, Dr. Mariam Zafar, PT, HOD, Rehabilitation Sciences. Faculty members and students attended the event and appreciated the initiative, making it both educational and inspiring.



ALPHA TUF WELFARE SOCIETY

Conducted Ramadan Drive, Supporting Families and Empowering Women

The Alpha TUF Welfare Society organized a Ramadan Welfare Drive to support deserving families. Ms Beenish Urooj, Deputy Commissioner Federal Board of Revenue, attended the event as the Chief Guest, while Rector Prof Dr Aman Ullah Malik also graced the occasion.

Addressing the participants, Ms Beenish Urooj emphasized the vital role of youth in community welfare and encouraged students to actively contribute toward building a responsible and



compassionate society. Prof Dr Aman Ullah Malik appreciated the dedication of the Alpha team in promoting welfare initiatives and recognized their continued efforts in community service. During the ceremony, awards were presented to the most active members of the society in recognition of their contributions. As part of the Ramadan drive, more than 100 ration bags were distributed among deserving families, and sewing machines were provided to women to support their livelihoods.

Spreading Ramadan Compassion: Alpha TUF Welfare Society Shares Heartwarming Evening

AT AFIYAT OLD AGE HOME

As part of its Ramadan outreach initiative, Alpha TUF Welfare Society, in collaboration with the Centre of Collective Activities team and accompanied by the Worthy Registrar, TUF, Dr Zahida Maqbool, spent a meaningful evening with the residents of Afiyat Old Age Home. The team was warmly received by Ms. Rabia Khalid and the residents, whose hospitality added to the warmth of the gathering.

The visit aimed to promote compassion, social responsibility, and respect for elders while sharing the spirit and blessings of Ramadan with the senior members of our community. During the visit, Iftar hampers, bangles, and henna (mehndi) were distributed among the residents to spread joy and create a festive atmosphere. Beyond the distribution of gifts, the team engaged in heartfelt conversations, listened

to stories, and shared moments of laughter with the elders, making the evening truly memorable for everyone present. The experience was not merely about providing material support; it was about expressing care, empathy, and human connection. The team departed with hearts full of gratitude and cherished memories of a meaningful and uplifting evening.



The Sports Society of The University of Faisalabad organized a sports event to celebrate World Table Tennis Day. The purpose of the event was to promote sports participation, encourage physical activity, and foster a spirit of healthy competition among students representing different academic departments of the university.

A total of 16 students participated in the table tennis competition. Participants represented various academic departments of the university, including the Departments of Radiography and Imaging Sciences, English Language and Literature, Biochemistry and Biotechnology, Optometry, Rehabilitation Sciences, Dermal Sciences, Pharmacy, and the National Business School (NBS). The diversity of participants reflected strong interdepartmental engagement in extracurricular activities. The event was organized under the supervision of Dr Zainab Boota, Adviser of the Sports Society, while members of the Sports Society actively coordinated and managed the competition through effective teamwork and event management. The matches were evaluated by the Sports Directorate to ensure a fair, transparent, and standardized assessment process for all participants.



WORLD TABLE TENNIS DAY CELEBRATION

Following a series of competitive matches, the following students secured the top positions:

- 1st Position: Maryam Amir — Department of Dermal Sciences
- 2nd Position: Amna Arshad Department of Dermal Sciences
- 3rd Position: Maryam Ajmal National Business School

The winners were awarded trophies in recognition of their outstanding performance. Certificates were also distributed among all participants in appreciation of their active participation and sportsmanship. This activity contributed to the promotion of Sustainable Development Goal (SDG) 3: Good Health and Well-being and SDG 4: Quality Education by encouraging physical fitness, teamwork, and student engagement in extracurricular learning opportunities.

The event concluded successfully, providing students with an engaging platform to participate in sports while strengthening a culture of healthy competition and collaboration across departments. Such initiatives reflect The University of Faisalabad's continued commitment to promoting student well-being, active lifestyles, and holistic educational development.

INTER-HOSTEL RAMZAN CUP SPORTS TOURNAMENT 2026

Concluded with Enthusiasm and Sporting Spirit



The Inter-Hostel Ramzan Cup Sports Tournament 2026 successfully promoted fitness and team spirit, as it was held with great enthusiasm and competitive spirit, featuring a wide range of fitness challenges and sports competitions. Participants showcased exceptional performance

across events such as plank, squats, crunches, races, badminton, and table tennis. Team events were equally thrilling, with the Nursing Team dominating major competitions. They secured 1st position in Tug of War, Cricket, Throw Ball, and Dodge Ball, while the TUF Team consistently

finished as runners-up. Overall, the Nursing Team was declared the champion of Ramzan Cup 2026, with Team TUF achieving 2nd position. The event successfully promoted teamwork, fitness, and sportsmanship among participants.



Inter-Hostel Sports Competition in Ramzan Showcased Talent **TEAM SPIRIT, AND INTERNATIONAL PARTICIPATION**

TUF Sports Department organized a highly Successful Ramadan TUF Inter-Hostel competition for Both Male and Female Hostel students, featuring a range of exciting sports events including Volleyball, Futsal, Cricket, Tug of War,

and Badminton. The event witnessed outstanding participation from both Male and Female students.

Notably, international students also participated in the event, demonstrating their enthusiasm and sportsmanship.

The closing ceremony was graced by esteemed faculty members as guests, who distributed medals and trophies to the winners, recognizing their exceptional performances and achievement.



TUF E-GAMING SOCIETY

Celebrated Skills and Sportsmanship in Ramzan Cup Tournament



The E-Gaming Society organized the Ramzan Cup, brought together gaming enthusiasts from various universities including University of Agriculture Faisalabad - Official, National Textile University, FAST NUCES, Chiniot-Faisalabad Campus, and Roots IVY International School &

College, Faisalabad. The event provided a vibrant platform for students to showcase their gaming skills and competitive spirit. The tournament featured popular esports titles such as PUBG Mobile, Tekken 8, Clash Royale, Mortal Kombat, 8 Ball Pool, Free Fire, and FIFA 26, creating an exciting

atmosphere of strategy, skill, and sportsmanship. The event was further highlighted by the presence of renowned Tekken players Qasim Meer, Dawood Sikandar, Sajawal, and Babar Ali, inspiring students and strengthening the growing esports culture among universities.





- 📍 **Amin Campus:** Canal Road, Faisalabad. Mob: 0330-1980690
- 📍 **Saleem Campus:** Sargodha Road, Faisalabad. Mob: 0330-1980604
- 📍 **Jinnah Campus:** Gulberg Road, Jinnah Colony, Faisalabad. Mob: 0330-1980693

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